

Career Builder

Personal Values and Interests Assessment Tool

1. What are some personal values that drive you in your personal and professional life? Some example values might be: integrity, helping others, community, teamwork, creativity, expertise, etc.
2. What are the personal priorities influencing your career search ie. work/life balance, schedule, commute, physical requirements, job stability, work environment, colleagues, advancement opportunities and willingness to get more training/education for a new position, etc.
3. What are you willing/not willing to compromise on in a new position?
4. A manager can sometimes bring out the best or the worst in us. Describe your ideal manager/management style. Now describe the type of manager/management style you'd like to avoid in the future.
5. What motivates you to excel?
6. What aspects of your personality/style have made you successful?
7. What are your interests/passions?